

Verigram

# From the Leadership Team

Dear Parents, Students, Staff, Past Students, Past Staff and Community,

Our Habit of Spirit for this week is Seeking and Appreciating Beauty. Beauty is highly valued in the Dominican tradition and is named among the Dominican values. St Catherine of Siena declared, "You eternal Trinity, are the artist, and I your handiwork have come to know that you are in love with the beauty of what you have made". Thereby implying that all creation by its very existence is considered to be beautiful.

Beauty triggers a very different response for each of us. What makes you say or feel "WOW, that is beautiful"? A newborn baby? A wondrous sunrise? A skilled sportswoman at work? A song or play? Witnessing a generous act of kindness? Beauty finds its focus in nature and in every endeavour known to mankind. However, the feeling it brings forth in each of us is universal-a thrilling sense of awe. Words too can be beautiful. In the writings of Ralph Waldo Emerson, "though we travel the world over to find the beautiful, we must carry it with us or we find it not." Words used with music have a special power to engage and enchant.

As individual members of San Sisto College, we can affect change and seek and appreciate beauty. However, and heeding our theme of seeking connectedness, as a collective we are much more powerful. As we seek to connect with others in the College we open ourselves to treasure those



moments and appreciate what is beautiful in our daily lives.

Last week we celebrated the Interschool College Swimming Carnival. Congratulations to all participants in this competition. Wednesday of this week saw the second of our school retreats for the year as Year 10 worked in the Siena Centre with Donna Power. As a school community, we have enjoyed viewing the photos that were taken of these exciting events.

We welcomed more than 200 visitors on Thursday to our School Tour for Term One. The number of people who are investigating San Sisto College as a secondary option for their daughter is exceeding all previous expectations. This is very exciting and a testament to the excellent educational opportunities delivered and the sense of community that exists at the College.

Thank you for the support and caring that you have expressed to the College

regarding the passing of Kerry Kearns. Kerry was a very treasured member of San Sisto College who supported staff and students in her role as Guidance Counsellor. It would be hard to put into words the many contributions that Kerry has made to the community. She touched an extraordinary number of lives, not least those with whom she worked alongside. On behalf of the family and the College, your thoughts and prayers are sincerely accepted.

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Eternal rest grant until her O Lord And may perpetual light shine upon Kerry. May she rest in peace.

Amen.

God's blessing for the week ahead,

Mrs Shelley Hamilton Principal e shamilton@bne.catholic.edu.au

Women of Integrity Shaping the Future



## **Religious Life of the School**

### As Catholics, Christians and all people of good will, we stand in Solidarity

In the wake of the horrific events in Christchurch, New Zealand, we join with Pope Francis - and all Christians and people of good will around the world - in prayer for the healing of the wounded, the consoling of those who grieve the loss of their loved ones, and for all affected by this tragedy.

We stand as one against all who would seek to destroy the freedom to pray, no matter which religion; the freedom to live, no matter which country; the freedom to flourish, no matter which people.

As we live within this time of grief and remember lives lost, hearts broken, hopes torn asunder, let us turn to our God of love and compassion in prayer.

We remember each one whose life is lost to us – the children, the fathers, the mothers, the sisters, the brothers... and pray that they are now in the deep and



loving embrace of God.

We pray for all those who grieve the loss of these precious lives .... parents and family, friends and neighbours: that they will find the courage, strength and hope to hold each other with tender care and rebuild their lives while cherishing her memory always.

We pray especially for the Christchurch communities: that the great circle of angels and saints will gather close during these next days and weeks and be a circle of gentle strength and protection.

And let us pray for ourselves, that we will always remember that we stand in solidarity with all those who suffer, all those who find themselves on the margins and all those who seek what is true and good and beautiful.

God of Love we pray as One.

# Spirit of San Sisto Award

Congratulations, Alicia Goodwin.

This award is given to girls who demonstrate a high standard of commitment to a Habit of Spirit. The Habits of Spirit are ways in which we live out the gospel, and ways which have been modelled for us by St Dominic and the many Dominicans who have come after him.



### Next Step Survey

The Queensland Government is conducting its annual statewide survey of all students who completed Year 12 in 2018. The Next Step survey is a brief, confidential survey that gains a comprehensive picture of the employment, study and life choices made by Queensland school completers in the year after they finish Year 12.

Between March and June, all our students who completed Year 12 last year can expect to receive instructions to complete a web-based survey.

Visit **w** <u>qld.gov.au/nextstep</u> or call toll free t 1800 068 587 for details.





## San Sisto College

## **Building for our Future**

### San Sisto College Dominic East and West Wings

To support the continued academic excellence into the future, the College very excited to have completed is construction of our new STEM facilities. The two wings include state of the art science, digital technology, and dry lab robotic facilities as well as modern classroom design, amenities and change rooms. A key feature of the new building design is the flexibility of spaces that enables rooms to be adapted to changing teaching practices. There are also several open, and highly flexible external areas located throughout the buildings to serve as collaborative spaces for student exhibitions, physical fitness, networking and community events. One example,

the tiered seating adjacent to the white wall of the Dominic East wing, will provide outdoor theatre projection and creative art opportunities.

The purpose-built wings were designed by Opus International Consultants, Architects, with significant input from our College Leadership team, Academic Leaders, and Facilities and Information Technology Officers. The building construction contract was awarded to Bedford Built. Demolition of older facilities commenced July 2018 with the building project spanning eight months and the College taking possession early February 2019.

There are many people to thank. Firstly, I would like to thank Mrs Shelley Hamilton and Mr Chris Steffan for their dedication

to weekly planning meetings between Architects, Builders, and key stakeholders from the College, and the many long hours of work to bring these wonderful facilities to fruition. Furthermore, I would like to acknowledge the students, staff, and wider community and thank you for your support and patience during the construction. Finally, thanks in large part to the support of our Parents and Friends Committee for their financial support with this building project and continued support into the future.

> Mrs Gail Winks Business Manager

e gail.winks@bne.catholic.edu.au



## Café Caterina

### **Recycling Focus**

We have begun to change our packaging and cutlery to more environmentally friendly products, but we all need to do our part to make sure we remain environmentally focused. Please put all your plastic bottles for recycling in the crates at the front of the Café - there are two crates, one for water/drink bottles and another one for Emma and Tom's bottles. All other rubbish, is to be put in the other bins provided.

### Easter Café Promotion

Over the last week of Term, we will be running an Easter competition at the Café. Keep an eye on the notices with more details to come.

#### Volunteers

We are presently working on the Café Roster for Term 2. If you would like to help you can contact us at the Café on t 3900 9842.

### Café Roster: 25 — 29 March

Monday 25 March

- Chini Whitelegg
- Armela Rich

Tuesday 26 March

- Fiona Howard
- Natasha Marriott
  Wednesday 27 March
- Tina McCaul
- Vanessa Harrison

Thursday 28 March

Emmi Thomas

Friday 29 March

- Cassandra Court
- Jocelyn La Grosa

Mrs Margaret Kupper Café Caterina Convenor e <u>mkupper@bne.catholic.edu.au</u>

## **Upcoming Events**

	Term 1		22 Apr	
	21 Mar	St Mary's College Japan Visit	Term 2	
	22 Mar	Start of Year 12 Exam Block	23 Apr	
	25 Mar	Start of Year 11 Exam Block	25 Apr	
	27 Mar	Community Mass	26 Apr	
		8.00 am — 8.30 am	30 Apr	
	29 March	Year 8 Retreat	1 May	
		Co-curricular Music Games Night		
	30 Mar	Co-curricular Music Workshop	6 May 7 May	
	4 Apr	Inter-house Cross Country		
	5 Apr	Last Day of Term 1		
	19 Apr	Good Friday		
	21 Apr	Easter Sunday	8 May	

22 Apr	Easter Monday		
Term 2			
23 Apr	Term 2 Commences		
25 Apr	ANZAC Day Public Holiday		
26 Apr	Year 12 Formal		
30 Apr	College Assembly		
	9.00 am — 10.00 am		
1 May	Trimester 1 Sport Ends		
	Rosies (Brisbane)		
	7.00 pm — 10.00 pm		
6 May	Labour Day Public Holiday		
7 May	College Board Meeting		
	7.00 pm — 8.00 pm		
	Administration Building		
8 May	Rosies (Brisbane)		

### San Sisto Directory

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Principal Mrs Shelley Hamilton e <u>shamilton@bne.catholic.edu.au</u>

Deputy Principal Mr Brad Barker e <u>bsbarker@bne.catholic.edu.au</u>

Assistant Principal RE Mrs Erica Qureshi e <u>equreshi@bne.catholic.edu.au</u>

Assistant Principal Student Wellbeing Mrs Anna Doré e adore@bne.catholic.edu.au

Business Manager Mrs Gail Winks e gail.winks@bne.catholic.edu.au

SCHOOL COORDINATORS Acting Caleruega (Years 7 and 8) Mrs Liz Madden e emmadden@bne.catholic.edu.au

Acting Fanjeaux (Years 9 and 10) Mrs Tania Stevens e <u>tstevens@bne.catholic.edu.au</u>

Acting Bologna (Years 11 and 12) Mrs Louisa Makepeace e Imakepeace@bne.catholic.edu.au

STUDENT PROTECTION CONTACTS Shelley Hamilton, Principal e shamilton@bne.catholic.edu.au

Anna Dore, Assistant Principal e adore@bne.catholic.edu.au

Kirsteen Bostock, Guidance Counsellor e <u>klbostock@bne.catholic.edu.au</u>

COLLEGE CONTACT INFORMATION t 07 3900 9800 f 07 3843 1921 e\_scarina@bne.catholic.edu.au w sansisto.qld.edu.au

STUDENT ABSENCE LINE t 3900 9888





## Parent Page

### Responding constructively to the Christchurch shooting

by Michael Grose, Parenting Ideas

Last Friday's shooting of innocent people in two Christchurch mosques is an event that has shaken people to the core worldwide.

While we'd like to protect our children from such events, in reality it's impossible, as the news coverage is so widespread and the event itself has impacted so many people. The personal nature of this particular tragedy makes it even harder to stomach than some recent natural disasters that have made the news, as awful as they have been.

So how do you approach this with your children? There is no easy answer, but be assured that your child will benefit from talking to you. These ideas may help:

#### Be available

Let your child or young person know that it is okay to talk about the events in Christchurch. Listen to what they think and feel. By listening, you can find out if they have misunderstandings, and you can learn more about the support that they need. You do not need to explain more than they are ready to hear, but be willing to answer their questions.

#### Filter the news

While we don't advocate censorship, we do suggest that you take particular care about your child's exposure to news events. The consistency of images can be frightening for young children who don't understand the notion of distance and have difficulty distinguishing between reality and fiction. Older children and teenagers will probably be interested in the news events, but they probably need an adult available to answer their questions and reassure them.

Engage in the news with older children

Many issues are now arising from this event that may be of significant interest to older primary-aged children and teenagers. Be prepared to engage in discussions about political leadership, gun laws, the coverage of the event itself by the media and other issues that will emerge. Increasingly, young people are demonstrating that they want to have a voice in shaping the world they live in. Give them a chance to air their concerns and formulate their ideas in the safe confines of home.

#### Manage emotions raised

The Christchurch tragedy may raise many emotions for children and young people including sadness over the loss of life, confusion over how such an event could happen, and outrage over injustice. Take your cues from your children and follow the threads that emerge. Demonstrate that you understand how that they may be upset and clarify their emotions if possible: "It's understandable to be angry when you hear news like this."

#### Moderate your language

Currently, we live in very divisive times. The fact that this shooting was carried out on one particular group demonstrates just the extent of the divisiveness of our community. Encourage kids to be inclusive, steering clear of valued-laden, extreme language such as 'terrorists', 'evil' and 'horrors' when describing the events and the alleged perpetrators. Not only does this type of language encourage children and young people to take a position rather than focus on the problems, it risks desensitising them to the reality of the impact of this event. The use of more sedate, yet descriptive language such as 'gunman', 'awful' and 'tragedy' can take remove the emotional sting, while demonstrating the enormity of the event's impact.

#### Keep to a normal routine

Your child may feel powerless. You may feel the same way as that's what events like the Christchurch shooting does to us. Maintaining the same sleeping, eating and daily routines can help to restore a sense of control over our daily lives.

# Show them how to change the world

Arguably, these are the worst of times in terms of social divisiveness. Our children in many ways are letting us know that they don't want to continue living this way. So how can they have an impact? Recently a timely clue came my way in the form of a notification from Facebook. Over the weekend, a parent shared an existing message to her Muslim friends as a message of hope. The quote reads:

"Don't become too pre-occupied with your child's academic ability, but instead teach them to sit with those sitting alone. Teach them to be kind. Teach them to offer help. Teach them to be a friend to the lonely. Teach them to encourage others. Teach them to think about other people. Teach them to share. Teach them to look for the good. This is how they will change the world."

We get that power back when we start to impact the people around us in small ways, making positive changes for the better.

'Kindness', 'helping others', 'encouraging', 'sharing' and similar concepts don't make great political slogans but they form the basis of every strong community- which is precisely what kids need.

aith and prayer

## Resource Centre Readers' Cup Update

The annual Readers' Cup is fast approaching and we are going to win this year! We are only allowed to enter one team of girls from Years 7 and 8. Each student who makes the team will be required to read five separate books and working with their team, answer questions about each text. The team consists of the four competing students plus two reserves. The winning team of the regional competition, will then participate in the finals at the Brisbane

## Sport and Health Cross Country

On Thursday 4 April, the Interhouse Cross Country will be held at San Sisto College and the adjoining parkland. The first race starts at 9.00 am and the presentations will be completed by 12.30 pm. Students will remain at the College all day, therefore they will be able to catch normal transport



Writers' Festival. The cost of entering is paid by the school. If you would like more information, please visit the website at <u>headerscup.org.au</u> where you can also view previous teams in action. Girls who wish to try out can stop in at the library and leave their details or email me at e <u>yrelja@bne.catholic.edu.au</u>.

> Ms Yasmin Relja Teacher-Librarian e yrelja@bne.catholic.edu.au

to school. At the conclusion of the carnival, there will be a lunch break and then continue with periods 4 and 5 for the remainder of the day. Students must run in their own age group. The Interschool Cross Country team will be selected based on the performances at this meet and the training sessions leading up to the carnival. Students are

to wear their full sports uniform for the whole day. Running shorts, bike pants, skins, house colours, etc are permitted during the cross country event.

> Mr Ryan Gould Academic Leader – P.E. and Sport e ryan.gould@bne.catholic.edu.au

Team	San Sisto	Opposition	Player of the Wee			
Volleyball 13/03						
Open B (Stocker)	SSC 1-55	OLC 2-58	Kiana Bailey			
Inter A (Corley)	SSC 1-53	LHC 2-53	Isabella Smith			
Inter C2 (Ferraioli)	SSC 2-54	AHS 1-49	Caitlin Marriott			
Inter C3 (Nassar)	SSC 0-34	AHS 3-65	Isabelle Bounds			
AFL 13/03						
Senior A (Giffen)	SSC 22	LOR 6	Samantha Uakusonj			
Indoor Cricket 13/03						
Open South (Meyer)	SSC 109	BRI 71	Ella Winchester			
Junior South (Dore)	SSC 57	AHS 109	Laura Wheatley			
Touch 13/03						
Junior B (Smith)	SSC 7	BRI 0	Chloe Flowers			
Junior E (Saltmarsh)	SSC 4	LHC 5	Imogen Baxter			
Tennis 16/03						
Junior B	SSC	LHC	Rained out			
Junior D	SSC	SRC	Rained out			

## **CaSSSA Sport Results**





### San Sisto College

# **STEM Activites**

#### **New Facilities**

Last year we announced that we would be building new science facilities that would enhance our teaching and learning and support our development of STEM activities. We are very happy to announce that the new laboratories have been commissioned and teachers and students are both enjoying the upgraded facilities.

To support our STEM focus both in the curriculum and outside of class time, we have received new Lego Mindstorm robots and these are being used in the new Physics lab which provides a lot of open space for students to safely explore Robotics. The hydroponics lab is also in use during and after class for students to apply technology to their plant physiology studies in a highly controlled growing environment.

Also on offer, both as part of the

## Parent Seminar

### ENGAGING ADOLESCENTS™ PARENT COURSE

Parenting skills for resolving teenage behaviour problems.

A three-session program for parents and carers at San Sisto College 97 Mayfield Rd, Carina, 4152 on Thursday 9th, 16th and 23 May 2019 from 6.00-7.45pm.

#### Learn:

- Some common ground shared by parents & reasonable expectations to hold about adolescents
- New understandings of adolescence

curriculum and as an extra-curricular activity, is the Titration team. These young Chemists are training towards competing in the Royal Australian Chemical Institutes titration competition held at UQ later this year.

Our 2019 UQ Science Ambassadors Brooke Smith and Rachel Comrie have begun their journey in the promotion of science and STEM around the College, good luck this year girls!

There is so much to get involved in here at San Sisto in terms of STEM whether it is in class or outside!

> Mr Stuart Gillett Academic Leader: Science e sgillett@@bne.catholic.edu.au



- A three-option model & flow chart for decision-making
- Self check-in, first for parents.
- Building relationship with your teenager and making the best of your non-crisis conversations with them
- Skills for tough conversations for handling those problems you just can't ignore.

#### **Registration Fee**

The course costs \$10 (course booklet). Register for this course by emailing Megan.Vardanega@bne.catholic.edu.au Or by calling the College on 3900 9800.

At the time of registration please let us know the name and Year level of your daughters/daughters.

What parents have said...

- Explains how teenage minds work
- Very informal, useful and realistic tactics
- Simple course but really good, enjoyed it and I am looking forward to employing these principles
- Practical, something that can be implemented

#### Who's running it?

The sessions are being facilitated by practitioners from Centacare Family and Relationships Services, Fortitude Valley, 4006.

This course is being run by a Parentshop® licensed practitioner. **w** parentshop.com.au

## Project Compassion Give Lent 100%

Project Compassion is Caritas Australia's annual Lenten fundraising and awareness-raising appeal. Millions of Australians come together in solidarity with the world's poor to help end poverty, promote justice and uphold dignity.

Read the Caritas profile stories of people who always give 100% for Lent w lent.caritas.org. au like Tati who lives in the remote forest of West Kalimantan. She is a mother of three who was earning an income working in а local rubber plantation. Since taking part in eco-tourism training with Caritas Australia and its partners, Tati can now afford to send her children to school. With new hope and commitment Tati aspires to a future free from poverty for her family.

Click here to donate today!

# Attention All Volunteers

justice and compassion

Student protection and wellbeing are paramount in Catholic Schools.

Our commitment to the protection of students is based in our belief that each person is made in the image of God, and our ethos is to provide a safe and supportive environment for all. All students have the right to expect that the school will always act to protect them from any kind of harm.

Before commencing your role as a volunteer or other personnel in a Brisbane Catholic Education school, you are required to:

**1.** Download and read the Code of Conduct for Volunteers and Other Personnel.

# Download and read the Code of Conduct

2. <u>Complete the Volunteer and Other</u> <u>Personnel Registration Form once</u> <u>you have completed the training.</u>

Please complete a 2 minute survey to assist us to improve our training.



Student Information and Parent Participation Forms Are Urgently Required

Important Information

During the next week, the eldest student in Years 7 – 12 will receive a parent envelope containing the following:

- Welcome letter from the P&F President.
- Parent Participation Form (orange) which shows activities which can count towards your 15 hours service.
- Service Record card (orange) – to be retained and taken with you to any College service activities.

Please check with your daughter if you have not received this envelope.

The returned documents are now overdue and need to be handed into Student Reception urgently.

> Mrs Marilyn Moore Student Reception

e mrmoore@bne.catholic.edu.au





# School Fees Term 1 Reminder

The 'Due Date' for per term payment was 25 February 2019. If paying by Direct Debit or Credit Card authority please ensure the annual fee is finalised by 30 November 2019. Payment arrangements outside of these dates requires the approval of the College Business Manager. Thank you to those families who have payment arrangements in place for 2019.

Please refer to the College website (Enrolments tab) or click here for more information about 2019 School Fees. School Fee enquiries or a copy of the Statement of Fees and Levies please email <u>scanfinance@bne.catholic.edu.au</u> (please include your daughter's name and year level).

#### P&F Service Record Card

The 2019 P&F Service Record Card and the Parent Participation Form has been issued to the eldest student in each family via Homeroom. Please check with your daughter for these forms. For those families completing the 2019 P&F Service Record Card, upon completion of the 15 voluntary hours of service please return the completed and signed card to the College Finance Office. The annual \$200 P&F Levy will then be refunded to the school fees account (EFT refund is only available if the annual school fee is paid in advance). To claim the 2019 P&F Levy refund of \$200, the 2019 P&F Record Card must be submitted by 6 December 2019.

> Mrs Sue Humphrey Finance Secretary

e scanfinance@bne.catholic.edu.au

# Habits of Mind and Spirit

Ask your daughter how she has used these habits during the week.

### Habit of Mind

**Question and Posing Problems** 



Habit of Spirit

Seeking and Appreciating Beauty



Join us for **OPEN DAY** 

**Register Online TODAY!** 

community and service

# **Our Community**

### Brisbane Archdiocesan P&F Council Parent Evening & AGM 2019

'How to Stay Connected to Your Children, School & Church'

Join us for this free event on Thursday 28 March from 6.00 pm until 8.30 pm at St Martin's Catholic Primary School, Mayfield Road, Carina.

Enjoy a light dinner, beer and wine, tea, coffee and dessert from 6.00 pm until 7.00 pm.

Guest Speakers:

- 7.00 pm Br Damien Price
- 7.45 pm Mrs Carmel Nash OAM
  "A Conversation About Parent Engagement"

For more information about this event and to register, click here:

w cvent.com/d/k6q8h1

### Carina Library School Holiday Fun

#### Brisbane Youth Week — Tuesday 9 April

Fandom Haven from 1.00 pm until 2.00 pm. Get your friends together to join us for trivia, games and giveaways

to celebrate youth week. Share your passion, meet other like-minded enthusiasts, bring your favourite memorabilia or dress up. Ideal for those aged 12 years and over.

#### Tea and Trivia — Tuesday 16 April

Disney themed trivia from 10.30 am until 11.30 am. Join us for a morning of fun as you test your general knowledge with Disney trivia and questions. Families and individuals welcome.

Please phone Carina Library on t 34071873 for bookings.

### Free PCYC Mt Gravatt Music Performance & Recording Workshop — 9 April at 90 Klumpp Road

Bring along your favorite instrument or best vocal & work with like-minded musicians. The workshop is open to 10 -17 years old from 10.00am until 2.00pm.

Comfortable clothing, bring your favourite instrument or vocal. PCYC will supply guitars, drum kit & keyboard. Water bottle and lunch essential.

PCYC Mt Gravatt P 3420 4655 ejeanette.mcghee@pcyc.org.au.

# Bookings essential call to confirm your place with numbers strictly limited.

## We want to hear from you. Send us your news and we will include it!

Are you a current or past San Sister with news to tell? Then we want to hear it. Send us your article and we will share it with the wider San Sisto community.

Also, send us feedback on your *Verigram* experience. Positive or negative, all feedback helps us understand what we are doing well, and areas that need improvement.

Send your feedback to Ms Sally Hall, Media and Communications Officer on <u>e\_sally.hall@bne.catholic.edu.au</u>

### ANZACDay Camp Hill Bowls Club Family Event

- Thursday 25 April
- 1pm until 6 pm

Bring your picnic rugs and enjoy barefoot bowls, food trucks, TwoUp and LIVE MUSIC.

Supported by the Bulimba District RSL Sub-branch.

Camp Hill Bowls Club Celebrating 75 Years!

### San Sisto College is fundraising with Entertainment!

#### Hurry! Bonus Early Bird Offers. Limited Time Only \$70.

Your support really helps our fundraising, so we're thrilled to let you know about special bonus Early Bird Entertainment Membership Offers for loyal supporters.

When you pre-order your Entertainment Membership, not only will you get to enjoy valuable Early Bird vouchers for Brisbane, but you will will also receive a \$20 Woolworths online offer and a \$50 Cellarmasters online offer.

<u>Click here to support us by ordering your</u> <u>copy today!</u>

# **Contact Us:**

San Sisto College 97 Mayfield Road Carina, Brisbane Qld 4152 t 07 3900 9800

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- e scarina@bne.catholic.edu.au